

WUSD Wellness and Menu Committee

Meeting Minutes

1/21/2025

Present: James Scott, Denise Bergman, Lisa Smith, Lowanna Perry

Virtual: Joyce Henneman, Carissa Hershkowitz, Sean Kush, Elaine Salayo, Monica Zarate

Absent: Matt Montgomery, Kelli Lemken

Next Meeting: March 18, 2025 @ Festival Foothills Elementary School - room TBD

The meeting commenced at 4:00 PM. James started the meeting by greeting everyone. He thanked VP and HES for turning in their Goals. Lisa will email WHS and FFES members to request theirs. Each school will continue working on their Year 3 Assessments which are due at the end of the school year.

James spoke about Fuel UP, <https://www.fuelup.org/funding-information>, a fitness/wellness program sponsored by the AZ Dairy Council. They have school grants and programs that could make our wellness program more viable. Schools can apply for grants March 12, 2025 for the 25-26 school year. There are lots of resources available which include free fitness equipment, smoothie kits and equipment to support school meal distribution.

The committee discussed menu items. VP noticed pizza was a big hit this school year and they seem to be eating more fruits. VP also gave a shout out to SFE assistant manager Cyndi, who stays involved with staff asking for feedback, both concerns and compliments.

We discussed the need for adding board members, members of the community and students to better represent everyone on the Wellness Committee.

The committee will meet again March 18, 2025 @ Festival Foothills Elementary School - room TBD with a virtual option.

The meeting adjourned at 4:20 PM.